










Master 6

Action Cards

<p>Jumping Jacks</p> 	<p>Knee Touches</p> 
<p>Knee Bends</p> 	<p>Toe Touches</p> 
<p>Sky Touches</p> 	<p>Arm Circles</p> 
<p>Bunny Hops</p> 	<p>Heel Kicks</p> 
<p>Side Bends</p> 	<p>Choose Your Own</p>

