

Name: \_\_\_\_\_

	<b>Skills</b>	<b>Challenges/ Stressors</b>	<b>Support</b>	<b>Outcome</b>	<b>Message</b>
Clara Hughes					
Gilmore Junio					
Josh Cassidy					
Jennifer Botterill					
Daniel Igali					

What was similar about the athletes profiled in *Striking a Balance*?

\_\_\_\_\_

What was different about them?

\_\_\_\_\_

If you could be one of these athletes, which one would you like to be? Why?

\_\_\_\_\_

\_\_\_\_\_