

VOCABULARY Food and drink, meals

I can talk about food and drink.

Look at the pictures. Which food and drink items can you name?

What is 200 calories?

Fruit is good for us. 200 calories is 385 grams of apples (picture 1) or 444 milliliters of orange juice (picture 2). But other things aren't good for us. 200 calories is one small bag (37 grams) of potato chips (picture 3) or only 34 grams of bacon (picture 4).

What about the other food and drink items in pictures 5-12? How many grams or milliliters is 200 calories?



3 (1.29 Read the text and look at the pictures. Guess the correct option for pictures 5-12. Listen and check.

It's delicious!

VOCABULARY

Food and drink | Meals | Places to eat Cooking | Popular supermarket food

GRAMMAR

there is/there are + some/any Countable and uncountable nouns Quantifiers

Grammar:

I'm starving! Look at the picture. What are Andre and Max doing?



Speaking: Anything else? Look at the picture. Where are Max, his father, and sister? What are they doing?





4 💿 1.30 In your notebook, create a chart with the food groups from Vocabulary A. Then add the words below to the chart. Listen and check.

bananas	breakfast c	ereal	chick
cookies	milkshake	muffi	ns
potatoes	yogurt		

5 CLASS VOTE What are your favorite types of food and drinks? Are they good or bad for you?

I like potato chips, but they're not very good for me.

My favorite drink is milk. It's good for me!

6 (1.31 Study Vocabulary B box, then listen and repeat the words. How do you say the words in your language?

Vocabul	ary B	Meals	
breakfast	lunch	dinner	

7 (1.32 Listen to two friends talking and complete the times in the chart.

	Breakfast	Lunch	Dinner
Trent	1 <u>7:30 a.m.</u>	3	5
Lee	2	4	6

8 In pairs, ask and answer the questions.

- 1 What time is breakfast/lunch/dinner in your house?
- 2 What is a typical breakfast/lunch/ dinner for you?

Breakfast in my house is at seven o'clock. A typical breakfast for me is milk, breakfast cereal, and ... 1.33 Look at the menu. Then listen and complete Trent's notes. How many calories are in his menu for a day? Is that good or bad? Answer in your notebook.

Your menu for a day - choose from these options

0 calories	water
50 calories	an apple, two small carrots, some grapes
100 calories	bread and butter; a small glass of soda or orange juice; a large banana; one fruit yogurt
200 calories	a large glass of milk; a small bag of potato chips; a celery, apple, and yogurt salad; bacon and eggs; a small cheese sandwich; breakfast cereal with milk; three cookies
400 calories	a muffin, a cheeseburger; a bacon sandwich; chicken with potatoes

Breakfast: orange juice; (bre	eakfast) cereal with milk
fQ	; muffin
Lunch: ³	; celery, apple and
yogurt salad; 4	; soda
Dinner: bacon sandwich; 5	
6	; water ,

10 (1.34 Listen to these words. Do you use them in your language? How is the pronunciation different? cheeseburger bacon sandwich muffin

- In pairs, use these prompts to choose food and drink from the menu in Activity 9 and write them in your notebook. Calculate how many calories are in your menu.
 - For breakfast ...
 - That's ... calories for breakfast.
 - What about lunch?
 - Your menu for the day has ... calories.

Speak



GRAMMAR there is/there are

I can use there is/there are to talk about places to eat in town.

1.35 CLASS VOTE Study the

Vocabulary box, then listen and repeat the words. Do you have these places in your town? Vote for your favorite place to eat.

Vocabulary Places to eat

burger bar café fast-food restaurant pizzeria restaurant sandwich bar vegetarian café

2 Read the blog post. Which places from the Vocabulary box are in Brixton Village Market? Answer in your notebook.



London is an expensive city, but at Brixton Village Market <u>there are</u> some cheap restaurants.

There are two awesome pizzerias. My favorite is Franco Manca^{\$\$} – the pizzas are delicious! There's a good burger bar, Honest Burgers^{\$\$} – the cheeseburgers are great. And there's a cool café called Rosie's^{\$}. The cakes are delicious, there's free wi-fi, and Rosie is really friendly.

FAQs

- Q: Is there a McDonald's at Brixton Village Market?
- A: No, there isn't, but there are some good fastfood restaurants.
- **Q:** Are there any vegetarian cafés in Brixton?
- A: Yes, there are. There aren't any vegetarian cafés at the market, but there's a place called The Veg Spot ^{\$\$} about 1 km away.

cheap: \$ expensive: \$\$\$\$

3 Study the Grammar box. Underline examples of there is/there are in the blog post. Then circle the correct option.

(Grammar there is/there are		
	Singular		Plural
+	There's a sandwich bar.		There are some burger bars.
-	There isn't a vegetarian café.		There aren't any pizzerias.
?	Is there an Italian restaurant? Yes, there is./No, there isn't.		Are there any cafés? Yes, there are./ No, there aren't.
We use there is and there are to talk about the existence /			

We use *there is* and *there are* to talk about the *existence / quantity* of things and people.

GRAMMAR TIME > PAGE 107

- 4 Complete the sentences with the correct form of there is/there are.
 - 1 <u>There's</u> a café called Black and White. ✓
 - 2 _____ some excellent burger bars. ✓
 - _____a cheap vegetarian café. 🗡

3

Λ

- an African restaurant. 🗸
 - any Brazilian restaurants. 🗡
 - ____ a German sandwich bar?
- 1.36 Read the description of the market and circle the correct option. Listen and check.

In the market in my town, there are 1 some/ any great restaurants. 2 There / There's a café with delicious cakes. It's called The Savoy. There's ${}^{3}a$ / an Indian restaurant, Delhi Deli. It's very good. There ${}^{4}aren't$ / isn't a Japanese restaurant, but ${}^{5}it's$ / there's a Chinese place called the Red Dragon. There ${}^{6}are$ / is two pizzerias, Mario's and Pomodoro. Mario's pizzas are brilliant. There aren't ⁷ any / some burger bars, but there ${}^{8}are$ / 's a sandwich bar – Slices. It's cheap and the sandwiches are good.

6 In pairs, take turns to play the role of a tourist in your town. Ask about places to eat. Your classmate answers your questions.



- A: Are there any pizzerias in town?
- B: Yes, there are. There's a great one...

READING and VOCABULARY A blog post

I can identify the purpose of a blog post and talk about preparing food.

1 Read the blog post. What is the purpose of the text?

a To tell a story.

b To give instructions.

c To describe an event.

Reading tip

To determine the purpose of the text, look at the verbs. The imperative, for example, is normally used to give instructions.



What can you do with an EGG?

Jan 25, 2020 by Ollie In today's blog post, I'm talking about what you can do with eggs! There are lots of great recipes with eggs. You can beat them with salt and pepper and make scrambled eggs. You can fry them in oil and have them for breakfast with bacon – it's not good for you, but it's delicious! You can boil an egg in water and eat it with toast. It's great and a boiled egg only has seventy-two calories! There's a delicious Italian pasta meal with eggs: spaghetti carbonara. There are some tasty egg desserts, too: you can bake a cake or make a chocolate mousse.

I'm from the United States, but my favorite egg recipe isn't American; it's a Spanish omelet. It's very easy. The ingredients are potatoes (500 grams), one large onion, six eggs, oil, salt, and pepper.

Cut up the potatoes and onion and fry them in oil. Then beat the eggs in a bowl with a fork. Add the potatoes, onion, salt, and pepper. Cook it in a frying pan with some oil. Then use a plate to turn the omelet over and cook the other side. *Olé!*









2 💿 1.37 Study the Vocabulary box. Match the words to pictures A–F. Listen and check your answers.

Vocabulary	Cooking
A bowl	frying pan plate
fork	pepper salt

3 (1.38 Read and listen to the blog post. Answer the questions in your notebook.

- 1 Which egg recipe is not very good for you?
- 2 What has seventy-two calories?
- 3 What nationality is Ollie?
- 4 How many eggs are there in the recipe for a Spanish omelet?
- 5 How many ideas for cooking eggs are there in the text?

4 1.39 WORD FRIENCE Complete the phrases with the highlighted verbs in the text. Listen and check.

6

1 boil		water	4	
2		a cake	5	

- 3 an onion
- _____salt

an egg

5 In pairs, talk about your favorite recipes with eggs.

My favorite recipe is banana bread. The ingredients are bananas, eggs, sugar ...



GRAMMAR Quantifiers



2

I can use countable and uncountable nouns and talk about quantities of food.

In pairs, look at the picture. Which of the ingredients below can you see?

- U celery cheese ketchup oil
- C cookies chips eggs onions potatoes

1.40 Listen. What's Andre's idea for a meal? Do they make it?



Andre:	Are you hungry?
Max:	Yes, I'm starving!
Andre:	Are there any potato chips?
Max:	No, there aren't, and there aren't
	any cookies. But there's some
	celery and there's some ketchup.
Andre:	No, thanks! Is there any cheese?
Max:	No, there isn't any cheese, but
	there are some eggs. And there
	are five potatoes.
Andre:	How many eggs are there?
Max:	Seven. Catch! Oops! Six!
Andre:	OK, let's make a Spanish omelet!
Max:	Can you do that?
Andre:	Of course I can.
Max:	There are two small onions.
Andre:	That's fine.
Later	
Andre:	Max, keep an eye on the omelet!
	My cell phone's ringing.
Dad:	Max! Where are you? Can you
	give me a hand?
Max:	Sure, I'm coming!
Later	
Dad:	Hey! There's a lot of smoke!
Andre:	Oh-oh
Max:	Ketchup?

I'm starving! Let's make ... ! Of course. Keep an eye on it. Can you give me a hand?

class

3 Study Grammar A box. Underline the countable nouns and circle the uncountable nouns in Activity 1.

Grammar A	Countable	and uncountable nouns	
Countable nounsSingular: a banana, an applePlural: bananas, apples			
Uncountable nouns bread, milk			
I have three apple	S.	have three milks.	
		GRAMMAR TIME > PAGE 107	

4 Study Grammar B box. Find examples of quantifiers in the dialogue.

Grammar B		Quantifie	ers
	Countable	nouns	Uncountable nouns
?	Are there an	y bananas?	Is there any milk?
+	There's <mark>an</mark> apple (a banana). There are some apples.		There's some milk.
-	There aren't	<mark>any</mark> cookies.	There isn't any soda.

GRAMMAR TIME > PAGE 107

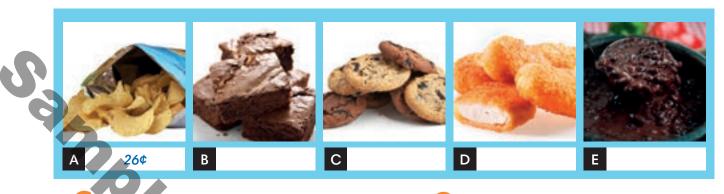
5 1.41 Circle the correct option. Listen and check.

- Andret OK, banana bread ... Is there ¹a / any butter?
 Max: Yes, there ² is / are.
 Andre: How ³any / much butter is there?
- Max: There's 4a / some butter 50 grams. It's very hard.
- Andre: ⁵ Are / Is there any eggs?
- Max: Yes, ⁶ there is / there are.
- Andre: $^{7}Are / Is$ there any bananas?
- Max: Oh, no. There aren't ⁸ any / some bananas!
- In your notebook, write about the food and drink in your kitchen. Then, in pairs, ask and answer questions to find out what's in your classmate's kitchen.

In my kitchen, there's some milk, but there isn't ... Is there any ... in your refrigerator? How much ... is there?



I can identify specific information in a conversation and talk about buying groceries.



1.42 Match pictures A-E to the words in the Vocabulary box. Listen and check your answers.

Vocabi	ary Popular supermarket foo	ds
A poto		
~		

2 (1.43 Listen to Greg and his parents. Complete the supermarket list with words from the Vocabulary box.

milk yogurt ³	coffee	apples	1
	bread	ice cream	2
	milk	yogurt	3

3 (1.44 Study the Watch out! box. Listen to how we say prices. Then write the prices below in words.



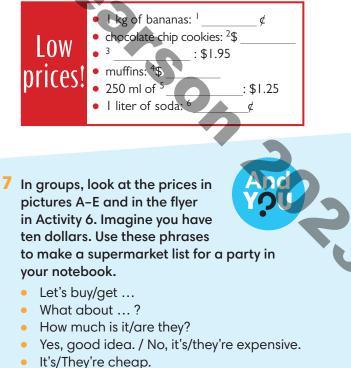
- 3 \$2.10
- 4 \$2.28 _____
- **5** \$4.15

4 1.45 Greg and his parents are at a supermarket. Listen and match the prices in Activity 3 to pictures A-E above.

5 (1.46 Greg and his friend Lucy are at a supermarket. Complete the dialogue with the words below. Listen and check.

abou good	ut buy cheap d much	expensive get
Greg:	Let's ¹ buy	some fruit.
Lucy:	Yes, ²	idea. I like
	bananas. How	³ are they?
Greg:	They're ⁴	. A kilo of
	bananas is only	/ 64¢!
Lucy:	OK, let's ⁵	some
	bananas.	
Greg:	What ⁶	chocolate chip
	cookies?	
Lucy:	No, they're ⁷	·

(1.47) Listen to the whole dialogue and complete the supermarket flyer. Which things do Greg and Lucy buy?



They're only \$1.20.



SPEAKING Ordering food

I can order food and drink.

CLASS VOTE Look at the snacks below. What are the three favorite snacks in your class?

burger French fries hot dog noodles pizza

2 (1.48 Look at the picture. Listen and answer the questions in your notebook.

What kind of café is it? What things are on the menu?



Max:	Is it vegetarian here?
Lily:	It's vegan. No meat, eggs, or cheese.
-	Just fruit, vegetables, and
Server:	Hi. What would you like?
Lily:	Thai noodles for me, please.
Max:	A soy burger with French fries, please.
	Can I have some ketchup with that?
Server:	Of course.
Dad:	Can I have a hamburger?
Lily:	Dad! They don't have any meat here!
Dad:	Oh sorry! An omelet, then.
Server:	This is a vegan café, sir. There isn't any
	meat or eggs or
Dad:	Oh. Salad Surprise, then.
Server:	OK. Anything else?
Lily:	No, thanks.
Server:	<u>Can I get you some drinks?</u>
Dad:	Yes, please. A big glass of milk! Just
	joking!
At the to	
Server:	Is everything OK?
Lily:	It's delicious!
Dad:	Excuse me, do you have any salt and
	pepper?
Server:	Sure. Here you are.
Later	
Server:	Any desserts?
Dad:	I'd like some ice cream.
	Oh, never mind!
Time to	рау
Dad:	How much is that?
Server:	That's \$24.80, please.
Dad:	<u>Here you are.</u>

Just joking! Sure. Never mind!

3 Study the Speaking box. Complete the blanks with the underlined phrases in the dialogue.

Speaking Ordering	g in a café	
Server What would you like? Of course.	Customer ¹ Thai noodles	
Anything else? Is that all? 2	for me, please. / A burger, please. / Can I have a burger? / I'd like some ice cream. Can I have some	
Here you are. (Is) everything OK? Any desserts? That's \$24.80, please.	ketchup with that? No, thanks. / Yes, please. / Yes, thanks. ³ , do you have any salt? It's delicious. How much is that? ⁴	

from the Speaking box. Listen and check. In pairs, practice reading the dialogue.

Server:	Hi! What ¹	would	you like?
Dad:	A hot dog, ²		_·
Server:	3	else?	
Dad:	Yes, can l ⁴		some fries?
Server:	OK, a hot do	g with fries	. 5
	you are.		
Dad:	Thanks. Oh, ⁶		I have some
	ketchup with	that?	
Server:	Sure. Can I ⁷		you a drink?
Dad:	No, ⁸	How	⁹ is
	that?		
Server:	10	\$4.95.	
Dad:	Here you 11		. Thanks.

5 In pairs, take turns to order food items from Activity 1. Use the dialogue in Activity 4 to help you.

- A: Hello! What would you like?
- **B:** An omelet with French fries, please.

I can write a short encyclopedia entry about food.

CLASS VOTE Read the texts quickly. Which dish do you prefer?



CATEGORY Baozi

FOOD

Baozi are steamed buns. They are a popular breakfast dish in China. They are similar to bread.

There are different versions of baozi. Some people eat the buns with meat, vegetables, or soup.



Sweet potato pie

Sweet potato pie is a dessert from the USA. It is popular in the south of the country. People eat this

B

during the holidays, especially at Thanksgiving and Christmas. Sweet potato is a type of vegetable. In sweet potato pies there are eggs, milk, and spices. There is usually whipped cream with the pie.

2 Read the texts again. Write S for sweet potato pie and B for baozi.

1 This isn't sweet.

- 2 You eat this after dinner.
- 3 There are different varieties of this.
- 4 You eat this with soup.
- 5 This is an American dish.

3 Circle the quantifiers in the text.

Writing An encyclopedia entry about food

Choose a category

Food / Popular dishes / Breakfast food

Introduce the dish

Victoria sponge is a cake. It is popular in England. Enchillada is a corn tortilla with meat, cheese, beans, or other fillings. It is a popular Mexican dish.

Describe the dish

It is a type of dessert. It is like chicken.

Explain how people eat it

People eat it for breakfast/lunch/dinner. Some people eat it with vegetables/soup. There is usually whipped cream on the pie.

- **4** Read the encyclopedia entry again. Underline examples of how the entry introduces and describes the dishes
- **5** Complete the encyclopedia entry with the words below.

have lunch people popular type typical





6

Moqueca

Moqueca is a ¹ typical Brazilian dish. It is ² in many parts of the country. lt is a ³ of stew.

with fish, tomatoes, onions, and spices in it. Some versions also ⁴ coconut milk and palm oil.

usually eat moqueca at time, with rice, *farofa* (a type of manioc flour), and *pirao* (a spicy fish porridge).

Write an encyclopedia entry for a typical dish in your country or from another country.

Writing ſīme

Find ideas

Research popular dishes in your country. Choose one of them and, in your notebook, take notes about the ingredients, type of food, when people eat it, etc. Find pictures.

Draft

Write a draft of your encyclopedia entry. Use quantifiers and vocabulary from this unit.



Share

Share your text with another student for feedback. Listen to his/her opinion. Check the spelling and grammar.



Check and write

Make any necessary changes to your text. Write the final version.

WORDLIST Food and drink | Snacks | Cooking | Places to eat | Meals

bacon [n] bake [v] **banana** [n] beans [n] beat [v] **boil** [v] boiled egg [n] bowl [n] oread [n] breakfast [n] breakfast cereal [n] brownie In burger/hamburger [n] burger bar [n butter [n café [n] cake [n] carrot [n] celery [n] cheap [adj] cheese [n] cheeseburger [n] chef [n] chicken [n] chicken nuggets [n]

chocolate [n] chocolate chip cookie [n] chocolate mousse [n] cook [v] delicious [adj] dessert [n] dinner [n] drink [n] egg [n] expensive [adj] fast-food restaurant [n] food [n] fork [n] French fries [n] fruit [n] **fry** [v] frying pan [n] grape [n] hot dog [n] hungry [adj] ce cream [n] ketchup [n] itchen [n] lunch [meal [/

meat [n] menu [n] milk [n] muffin [n] noodles [n] oil [n] omelet [n] **onion** [n] orange juice [n] pasta [n] pepper [n] pizza [n] pizzeria [n] plate [n] potato [n] potato chips [n] price [n] recipe [n] restaurant [n] salad [n] salt [n] sandwich [n] sandwich bar [n] scrambled eggs [n] server [n]

snack [n] soda [n] soup [n] spaghetti [n] sugar [n] supermarket [n] tea [n] toast [n] tomato [n] vegetable [n] vegetarian café [n] water [n] yogurt [n]

WORD FRIENDS

add salt bake a cake beat an egg boil water boiled eggs cut up (an onion, a potato) fried eggs fry potatoes (a) glass of milk scrambled eggs

VOCABULARY IN ACTION

- Use the Wordlist to find words in 1-3. Write them in your notebook.
 - 1 seven types of fruit and vegetables *apple, ...*
 - 2 seven places to eat
 - 3 five drinks
- 2 Complete the names of meals a-c. Then complete gaps 1-8 with the food words below.

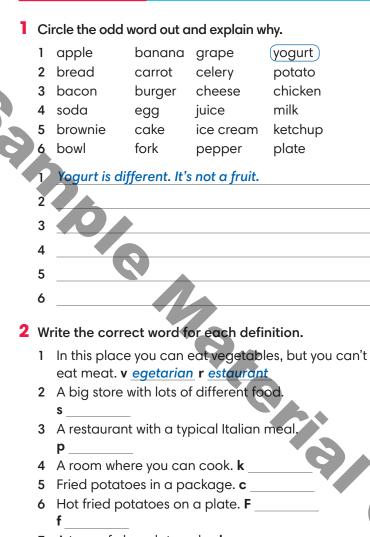
brownie cereal dessert fries milk salad sandwich tomato

My favorite meals

a <u>B</u> rea <u>k</u> f <u>as</u> t	fruit and ¹ cereal , a glass of ²
^b L C	³ soup and a bacon 4
^c Dr	chicken and ⁵ , a vegetable ⁶ and soda, a ⁷ with ice cream for ⁸

- **3** Complete the sentences with words from the Word Friends list.
 - 1 Can you give me a **g** lass of milk?
 - You can have boiled eggs, fried eggs, or **s** ______ eggs.
 - 3 To make fries, c _____ up some potatoes, then f _____ them in a frying pan. A _____ salt. Enjoy!
- 4 1.50 PROTUNCIATION Listen to how we pronounce the /I/ and /i:/ sounds. Listen again and repeat.
 - /I/: ch<u>i</u>cken /iː/: thr<u>ee</u> m<u>ea</u>ls and f<u>i</u>sh
- 5 1.51 PRONUNCIATION In pairs, say the phrases. Listen, check and repeat.
 - 1 m<u>i</u>lk in the kitchen
- 3 ch<u>ea</u>p d<u>inner</u>
- 4 fish for a med
- 2 <u>ea</u>t m<u>ea</u>t

SELF-CHECK



- 7 A type of chocolate cake. **b**_____
- 8 Hot bread for breakfast. **t** ____
- 9 You can read it in a restaurant. m
- 3 Look at the picture. In your notebook, write the words for the food and drink items on the table. Are they countable (C) or uncountable (U) nouns?



4 Write sentences about the picture in Activity 3. Use there is/there are.

There are three bananas.

- 5 Complete the dialogue with one word in each blank.
 - A: Are there ¹ <u>any</u> chicken nuggets in the refrigerator?
 - B: No,² aren't.
 - A: Is there ³ _____ ice cream?
 - B: Yes, there's ⁴ _____ chocolate ice cream.
 - A: How ⁴ _____ apples are there?
 - B: There ⁶ _____ any apples.
- Work in pairs. Student A: follow the instructions below. Student B, go to page 114. Student B starts. Then change roles and have the dialogue again.

Student A, you are in your favorite restaurant. Student B is your server.

- Order a big meal with drinks and a dessert.
- Ask for extras (e.g., ketchup or salt).
- Ask how much it is.

1.52 Listen. Then listen again and write down what you hear.