



165-Day Pacing Guide

Week 1	Lessons 1–4	Week 18	Lessons 73–76
Week 2	Lessons 5–8	Week 19	Lessons 77–81
Week 3	Lessons 9–13	Week 20	Lessons 81–85
Week 4	Lessons 13–17	Week 21	Lessons 85–89
Week 5	Lessons 17–21	Week 22	Lessons 90–93
Week 6	Lessons 22–25	Week 23	Lessons 94–98
Week 7	Lessons 26–30	Week 24	Lessons 98–102
Week 8	Lessons 30–34	Week 25	Lessons 102–106
Week 9	Lessons 34–38	Week 26	Lessons 107–110
Week 10	Lessons 39–42	Week 27	Lessons 111–115
Week 11	Lessons 43–47	Week 28	Lessons 115–119
Week 12	Lessons 47–51	Week 29	Lessons 119–123
Week 13	Lessons 51–55	Week 30	Lessons 124–127
Week 14	Lessons 56–59	Week 31	Lessons 128–132
Week 15	Lessons 60–64	Week 32	Lessons 132–135
Week 16	Lessons 64–68	Week 33	Lessons 136–140
Week 17	Lessons 68–72		



180-Day Pacing Guide

Week 1	Lessons 1–4
Week 2	Lessons 4–8
Week 3	Lessons 8–12
Week 4	Lessons 12–16
Week 5	Lessons 16–19
Week 6	Lessons 20–23
Week 7	Lessons 24–27
Week 8	Lessons 28–31
Week 9	Lessons 32–35
Week 10	Lessons 36–39
Week 11	Lessons 39–43
Week 12	Lessons 43–47
Week 13	Lessons 47–51
Week 14	Lessons 51–54
Week 15	Lessons 55–58
Week 16	Lessons 59–62
Week 17	Lessons 63–66
Week 18	Lessons 67–70

Week 19	Lessons 70–74
Week 20	Lessons 74–78
Week 21	Lessons 78–82
Week 22	Lessons 82–86
Week 23	Lessons 86–89
Week 24	Lessons 90–93
Week 25	Lessons 94–97
Week 26	Lessons 98–101
Week 27	Lessons 102–105
Week 28	Lessons 105–109
Week 29	Lessons 109–113
Week 30	Lessons 113–117
Week 31	Lessons 117–121
Week 32	Lessons 121–124
Week 33	Lessons 125–128
Week 34	Lessons 129–132
Week 35	Lessons 133–136
Week 36	Lessons 137–140



210-Day Pacing Guide

Week 1	Lessons 1–3	Week 22	Lessons 71–73
Week 2	Lessons 4–7	Week 23	Lessons 74–77
Week 3	Lessons 7–10	Week 24	Lessons 77–80
Week 4	Lessons 11–13	Week 25	Lessons 81–83
Week 5	Lessons 14–17	Week 26	Lessons 84–87
Week 6	Lessons 17–20	Week 27	Lessons 87–90
Week 7	Lessons 21–23	Week 28	Lessons 90–93
Week 8	Lessons 24–27	Week 29	Lessons 94–97
Week 9	Lessons 30–30	Week 30	Lessons 97–100
Week 10	Lessons 30–33	Week 31	Lessons 100–103
Week 11	Lessons 34–37	Week 32	Lessons 104–107
Week 12	Lessons 37–40	Week 33	Lessons 107–110
Week 13	Lessons 41–43	Week 34	Lessons 110–113
Week 14	Lessons 44–47	Week 35	Lessons 114–117
Week 15	Lessons 47–50	Week 36	Lessons 117–120
Week 16	Lessons 51–53	Week 37	Lessons 120–123
Week 17	Lessons 54–57	Week 38	Lessons 124–126
Week 18	Lessons 57–60	Week 39	Lessons 127–130
Week 19	Lessons 61–63	Week 40	Lessons 130–133
Week 20	Lessons 64–67	Week 41	Lessons 134–137
Week 21	Lessons 67–70	Week 42	Lessons 137–140