



# Psychology

For the IB Diploma

2<sup>nd</sup> Edition



CHRISTIAN BRYAN • PETER GIDDENS • CHRISTOS HALKIOPOULOS

# Contents

Introduction

Introduction to research

## **A Biological approach to understanding behaviour**

- 1 The brain and behaviour
- 2 Hormones and pheromones and behaviour
- 3 Genetics and behaviour
- 4 Research methods: biological approach
- 5 Ethical considerations: biological approach
- 6 The role of animal research in understanding human behaviour (HL)

## **B Cognitive approach to understanding behaviour**

- 7 Cognitive processing
- 8 Reliability of cognitive processes
- 9 Emotion and cognition
- 10 Research methods: cognitive approach
- 11 Ethical considerations: cognitive approach
- 12 Cognitive processing in the digital world (HL)

## **C Sociocultural approach to understanding behaviour**

- 13 The individual and the group
- 14 Cultural origins of behaviour and cognition
- 15 Cultural influences on individual attitudes, identity, and behaviours
- 16 Research methods: sociocultural approach
- 17 Ethical considerations: sociocultural approach
- 18 The influence of globalization on individual behaviour (HL)

## **D Abnormal psychology**

- 19 Factors influencing diagnosis
- 20 Etiology of abnormal psychology
- 21 Treatment of disorders

**22** Research methods: abnormal psychology

**23** Ethical considerations: abnormal psychology

**E** **Developmental psychology**

**24** Influences on cognitive and social development

**25** Developing an identity

**26** Developing as a learner

**27** Approaches to research: developmental psychology

**28** Ethical considerations: developmental psychology

**F** **Health psychology**

**29** Determinants of health

**30** Health problems

**31** Promoting health

**32** Approaches to research: health psychology

**33** Ethical considerations: health psychology

**G** **Psychology of human relationships**

**34** Personal relationships

**35** Group dynamics

**36** Social responsibility

**37** Approaches to research: psychology of human relationships

**38** Ethical considerations: psychology of human relationships

Theory of knowledge

Internal assessment

Higher level paper 3

Extended essay

Researchers' index

General index