Contents

Introduction
Introduction to research

A Biological approach to understanding behaviour
1 The brain and behaviour
2 Hormones and pheromones and behaviour
3 Genetics and behaviour
4 Research methods: biological approach
5 Ethical considerations: biological approach
6 The role of animal research in understanding human behaviour (HL)

B Cognitive approach to understanding behaviour
7 Cognitive processing
8 Reliability of cognitive processes
9 Emotion and cognition
10 Research methods: cognitive approach
11 Ethical considerations: cognitive approach
12 Cognitive processing in the digital world (HL)

C Sociocultural approach to understanding behaviour
13 The individual and the group
14 Cultural origins of behaviour and cognition
15 Cultural influences on individual attitudes, identity, and behaviours
16 Research methods: sociocultural approach
17 Ethical considerations: sociocultural approach
18 The influence of globalization on individual behaviour (HL)

D Abnormal psychology
19 Factors influencing diagnosis
20 Etiology of abnormal psychology
21 Treatment of disorders
22 Research methods: abnormal psychology
23 Ethical considerations: abnormal psychology

Developmental psychology

24 Influences on cognitive and social development
25 Developing an identity
26 Developing as a learner
27 Approaches to research: developmental psychology
28 Ethical considerations: developmental psychology

Health psychology

29 Determinants of health
30 Health problems
31 Promoting health
32 Approaches to research: health psychology
33 Ethical considerations: health psychology

Psychology of human relationships

34 Personal relationships
35 Group dynamics
36 Social responsibility
37 Approaches to research: psychology of human relationships
38 Ethical considerations: psychology of human relationships

Theory of knowledge
Internal assessment
Higher level paper 3
Extended essay
Researchers’ index
General index