

Good for Me

# Healthy Food

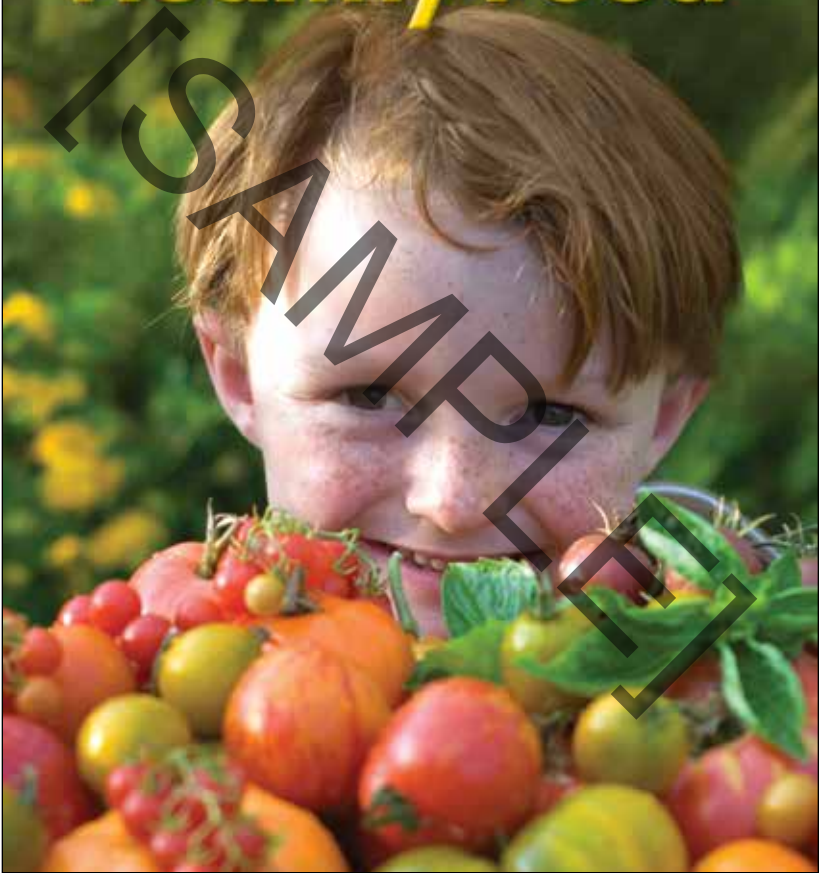
IS  
SAMPLE

Sharon Coan

**TIME**  
FOR KIDS

Good for Me

# Healthy Food



Sharon Coan

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What can I eat?



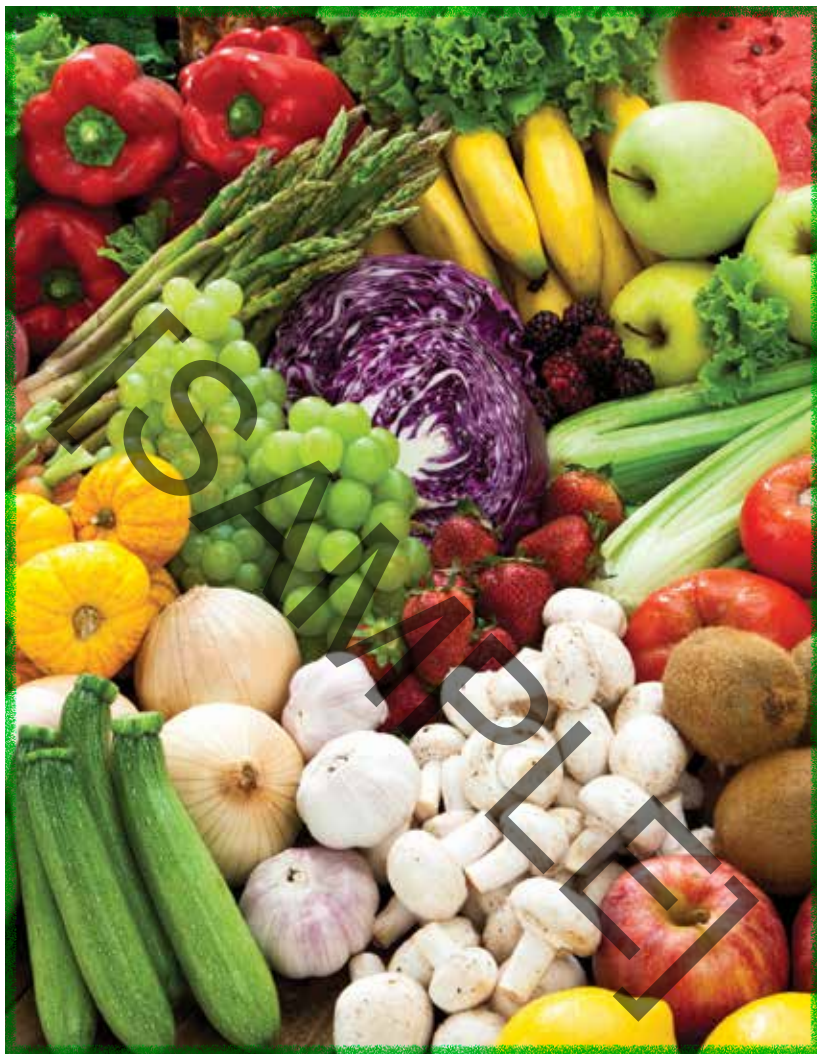


Eat a lot.



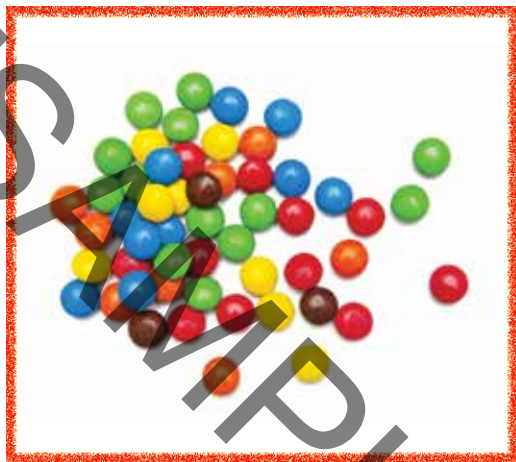


Eat a little.



Eat a lot.





Eat a little.





Eat a lot.



Eat a little.





Drink a lot.



Drink a little.

# Words to Know

drink



eat





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create a world in which  
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