
Engaging in Reading • Infer • Visualize • Find important ideas

3. Both the title and the article make references to tigers, but the article is not about tigers. Show your understanding of the reading by explaining how tigers are related to the topic.

LEVEL ONE

Tigers are being related to in this article because sometimes stress makes us scared, and wild tigers could also make you scared. On pg 1, last paragraph, last sentence, it says "Here are some techniques to tame the saber-toothed tiger of stress."

Thinking	Level 1	Level 2	Level 3	Level 4
<i>Making Inferences/ Interpreting Text</i> Explains inferences supported by text evidence and logical reasoning	Limited: makes simple, unsupported inferences; may be illogical	Partial: makes simple, reasonable inferences with some support	Considerable: makes and supports logical inferences	Highly effective: makes and supports logical, insightful inferences

Responses require students to understand implicit information in the text.

Communication	Level 1	Level 2	Level 3	Level 4
<i>Communicating Clearly</i> Explanations are well-organized and clearly expressed	Limited organization and clarity	Some organization and clarity	Considerable organization and clarity	High degree of organization and clarity

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LEVEL TWO

In this story we learn about stress and how to manage it. When we think of tigers we often think of big, scary animals who can be frightening and stomach lurching. In this story the author(s) use tigers to show that our life isn't as bad as we think. If we were to see a tiger that would be more stressful than what we may have to do. I think that they use tigers in the title because it is a very effective title. Tigers are something that at this age we want to read about. It can grab your attention and make you want to read more. Tigers are very scary and we often think of how stressful it would be to encounter one. If the title was not about this animal, it could lose readers and not be as interesting to some people.

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LEVEL THREE

Example 1

The tiger is related to stress because:

Tigers are fierce. If you are in Africa you are always watching your back waiting for it to attack you. You are always on you toes with stress too. You don't want to get stressful. You are always trying to "run away from it" and keep it at a distance. With tigers and stress there are also ways to "tame it." With stress you need to "tame it" and calm it down. You don't always want the fear of stress taking over your life. For example when you are in Africa. The whole time you are there you don't want to be thinking of tigers. You want to enjoy the trip. Just like teenagers (and others) want to enjoy life and stop worrying about stress. So, tiger is another word to put in the place of stress: Taming the Tiger=Taming Stress.

Example 2

Tigers are related to stress in many ways. They taught our ancestors, who we have learned from, how to deal with stress. A tiger is also a very good symbol of stress because when you think of a tiger you think of anger and restlessness when they are in a cage or the zoo. When they are out in the wild they are free to do as they choose and thats how they like to be. We as people are the same way. We prefer to do our own things and don't always enjoy being stuck in an office or a classroom.

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LEVEL FOUR

Example 1

Tigers relate to this topic in many ways. Firstly, the title 'Taming the Tiger.' Think of it like 'dealing with stress.' A tiger, like stress, can be hard to handle at first, but once you figure out how to handle it, it'll feel like a piece of cake! Also, like tigers, stress can be dangerous, it can wear down our immune system and cause illnesses like: eating disorders, sleep deprivation, diarrhea, migraines, acne, depression, chronic fatigue, rashes, heart disease, ulcers and probably more. Of course, a tiger wouldn't be able to do these things but their's are just as dangerous. But there's an even more logical reason- in ancient times, our ancestors would be faced by a tiger. They would have to fight or run. This was also known as 'fight or flight' Either way we look at it, stress...and tigers, are a scary situation, but if we learn how to handle it correctly it won't e so frightening!

Example 2

Tigers are not the topic but are related to the topic in many ways. First of all, the introduction paragraph on "stress and survival" is related to tigers. The tiger is used as an example of a stressful situation back in the ancient times. We don't really have that problem now. However, I think that the title "Taming the tiger" means how to handle something, which is stress in this case. Stress can be like a tiger. A tiger is big, scary and harmful. Stress is that too! I think that tiger was used metaphorically in this case.

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